CHANGE

Change is always occurring, whether we like it or not. The more we can embrace it and see the possibilities the more change will work for us.

When you know how to deal with change then the "stress" can be directed into positive pathways.

Just seeing what happens will often set us up with fear and increased anxiety because it leaves too much uncertainty.

Just managing the change can often restrict our sense of opportunities and can cause frustration.

Fighting change can bring immense dissatisfaction because we are constantly looking backwards and wishing it would all stay the same.

In teaching your children and teens how to manage change, openly talk about how YOU manage change and stress that often comes with change.

TIPS TO DEAL WITH CHANGE

1. Dealing with change takes time. "It's OK to feel a bit unsure at the moment." Just treat it as part of your journey.

2. See change as adding positively to your life. "Wow, because this is happening you now have a chance to..." It diverts kids from feeling sorry for themselves and will elevate the fears to be dealt with constructively and efficiently, knowing that God is well ahead of us. It will also increase your ability to be a creative problem solver.

3. Show how to be flexible so that you have your mind open to the changes ahead. "Hmmm I wonder what I might need to watch out for...", "If this happens, then what might you be able to do?" This starts the whole positive brainstorming or thinking.

4. Increase exercise, meditation and breathing, all of which are well researched in reducing the physical symptoms of stress, and which can rule our thinking and then how we respond.

Fiona Dumitrache
Student Welfare Officer

NCC Term Dates 2014

<table>
<thead>
<tr>
<th>Term</th>
<th>Dates</th>
</tr>
</thead>
<tbody>
<tr>
<td>Term 1</td>
<td>Mon 3rd Feb - Fri 4th Apr</td>
</tr>
<tr>
<td>Term 2</td>
<td>Mon 28th Apr - Fri 27th Jun</td>
</tr>
<tr>
<td>Term 3</td>
<td>Wed 16th Jul - Fri 19th Sep</td>
</tr>
<tr>
<td>Term 4</td>
<td>Tue 7th Oct - Fri 5th Dec</td>
</tr>
</tbody>
</table>

Enrolments for 2015/16

If you or a friend are wishing to enrol your shild at NCC in 2015/16, could you please fill in and return an application form as soon as possible.

This will assist us in planning for next year and beyond.

Application forms are available at the office or please visit the college website.

www.ncc.vic.edu.au

Facebook Page

Do you know that Northside Christian College has a Facebook page? To keep up to date with the latest news, see photos and find out about major events, "LIKE" us on Facebook.
DAYTIME ACCESS TO THE SCHOOL

Dear Parents,

To increase security for our students at the college, it has been decided that the gate near the oval and the small gate near the Grade Two classroom will be closed before school.

All students are required to enter the college via the main gate in the morning and are not allowed to go to the oval before school because this area is not supervised by staff.

The oval gate will be opened for classes when necessary, and at recess and lunch for students to go out and play. It will also be open after school for parents of Grade Prep, One and Two students to pick up their children. The gate near the Grade Two classroom will remain locked at all times throughout the day.

Kind regards,

Wayne Barker
Deputy Principal/ Head of Secondary

Upcoming Diary Dates

**MAY**
- 31st Northside Christian College
  35th Birthday Celebration

**JUNE**
- 6th SRC - Hot Food Day
- 9th Queens Birthday Public Holiday, **Student Free Day**
- 10th-12th Year 9-11 Exams
- 11th GAT Exam
- 13th Report Writing Day, **Student Free Day**
- 19th HHD Students Muffin & Milk Missions Fundraiser
- 25th-27th Community Challenge Camp - Yr 9
- 26th Science Day for Primary and Secondary
  Parents & Friends AGM
  9.00-10.00am
- 27th **Last Day Term 2,**
  1pm finish
  Whole School Assembly
  12.00noon–1.00pm

**JULY**
- 14th Staff Planning Day, **Student Free Day**
- 15th Staff Planning Day
  Interviews by request with Parents
  **Student Free Day**
- 16th **Students Return, Term 3**
- 21st Primary CSSN Cross Country
- 30th Secondary CSSN Cross Country
- 31st VCE Information Night

**AUGUST**
- 7th-8th Outdoor Education Camp
- 26th-27th Yr 7 Bike Education

**SRC BBQ Day**

**Friday 6th June** the SRC are having a BBQ Day/Sausage Sizzle.

Bring in your forms by **Monday 2nd June** with your money, either to your Primary class Teacher or your Secondary SRC representative.

If you don't have a form, there are plenty of forms at the office.

Money raised will go into an SRC Fund to be used at a later date by the students, for the students.

SRC Team
**Whole School Assembly**

All the College Community is invited to join us for the final assembly of Term 2. This is Mr. Leslie’s last day at Northside Christian College and will take place on the last day of this term Friday 27th June.

The whole school assembly will commence at 12.00noon in the church main auditorium.

Parents are invited to attend this assembly as we reflect and pay tribute to Mr. Stephen Leslie and his 11 years of service here as Principal at Northside.

This will be a special event as it is Mr Leslie’s last assembly with us.

**New Principal**

Our new Principal, Mr. Doug Holtam, will be writing in the next newsletter. He is coming to the 35th birthday celebration and also to meet with staff between now and the end of term.

Please pray for him as he finishes up at Bayside Christian College and prepares to come to Northside Christian College in July.

**2014 International Competitions and Assessments for Schools (ICAS)**

Northside Christian College is participating in the 2014 International Competitions and Assessments for Schools (ICAS) in Science, English and Mathematics.

The test dates are as follows:

<table>
<thead>
<tr>
<th>Science</th>
<th>English</th>
<th>Mathematics</th>
</tr>
</thead>
<tbody>
<tr>
<td>Wednesday</td>
<td>Tuesday</td>
<td>Tuesday</td>
</tr>
<tr>
<td>4th June</td>
<td>29th July</td>
<td>12th August</td>
</tr>
</tbody>
</table>

If parents would like their child to have some practise on past assessments, please email Mrs E. Tan on etan@ncc.vic.edu.au.

Mrs Eleanor Tan
ICAS Coordinator

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**CSSN Chess Competition**

These photos are of NCC’s first students participating in the CSSN chess competition held at Waverley Christian College campus in Narre Warren South. Students Michael Hadj, Joseph O'Connell and Hamish Brown played 7 rounds against stiff competition from 5 other schools.

The boys brought home individual bronze medallions for their wins on the day. Congratulations are in order for their effort, enthusiasm and pioneer spirit in breaking the ground for future chess competitions.

Chess club will now be held each Friday lunch in anticipation of next year.

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**SCHOOL PRAYER**

**MEETING THURSDAYS**

2.30-3.30pm
Meet in the School foyer
---children welcome---
PHONE LYN 0488 420 542
School Drop Off and Pick Up

Parents are requested not to pick up or drop off their children from along McLeans Rd. We understand that the car park gets busy, but student welfare is important to us and the car park is supervised by staff to ensure the safety of your children. McLeans Rd is not supervised by staff.

A staff member will be on the Bridge after school until 3.45pm each day. If at 3.45pm you have not arrived to collect your child (Primary and Secondary), all uncollected students will be taken to the foyer where they will wait for you. If we notice that the same students are in the foyer regularly, we will be contacting the relevant parents to find out why this is happening. School ends at 3.30pm and we expect you to make arrangements for your children to be collected by 3.45pm each day.

Milk & Muffin Sale

The HHD students will begin hosting monthly muffin sales to be credited toward the next mission trip. However, this first sale will hopefully pay for our planned excursion to Second Bite and the Salvation Army Centre on Bourke Street (where we have to pay for the tour and talk on homelessness.)

Please help us support this cause and then start the students on the path to a mission trip in 2015.

Muffin sale will be at lunchtime on Thursday 19th June

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Muffins</td>
<td>$1.50 each</td>
</tr>
<tr>
<td>Flavoured Milk</td>
<td>$1.00 cup</td>
</tr>
</tbody>
</table>

Menu

- Double choc chip muffins
- Orange Poppysesd (both plain and gluten free)
- Savoury Muffins

Musical Props - Can You Help?

The Rosies, our Musical for 2014 is set in the war years. I am looking for period suitable costumes and bits and pieces to turn into props. Do you have any of the following?

- Hair blowdryers – I will cut off the cords and turn them into riveters and welders so it doesn’t matter if it doesn’t work.
- Old metal lockers, like the ones you may have found on an industrial estate/factory.
- 1940s dresses, hats, bags, army type paraphernalia (no weapons please) but boxes, empty shells welcome.
- Old metal lunch box, teapot, cups and saucers.
- A badge making machine – the kind that makes advertising badges or political buttons.
- An old trolley/handcart – the sort for moving things around in a work place.
- A 1940s style table and chairs – industrial looking (not glamorous)
- A Gladstone bag

Mrs. Eynaud

EMA Semester 2

If your family has become eligible to receive Education Maintenance Allowance after 28th January 2014 please call in at the office and complete an application form.

You will need to bring your Health Care card with you when you apply. Your card needs to be valid prior to 14th July 2014 to receive this allowance. Applications need to be submitted to the office no later than 1st August 2014.

Late applications will not be accepted by the Department of Education. If you received EMA in first semester and you are still eligible you do not need to reapply.
Pinwheels for PEACE!

The Year 1 class constructed colourful pinwheels, decorated with patterns and food dye. We made art to remind us of God's peace, joy and love and to pray for others who live in countries where there is fighting and war. We thanked God for peace in our hearts and peace in our country.

WORLD KIDS COLOURING DAY THANK YOU!

A big thank you to all primary students who participated in World Kids Colouring Day. We raised $410.75 for Save the Children Fund. A special thank you to parents, family and friends who sponsored their colourful drawings. CONGRATULATIONS to the Prep class for raising the highest amount of donations!

Preps: $131.30
Year 1: $86.80
Year 2: $66.10
Year 3/4S: $23.90
Year 3/4C: $102.65

Eleven of the BEST drawings were carefully selected, copied and entered into STAEDTLER's colouring competition. Well done to our student artists! Your colourful, imaginative, 'World Trip' drawings will now be representing Northside Christian College in the competition.

The Preps had a great day at Bundoora Farm this term. They made scones, went on a tractor ride in the wildlife park, held a guinea pig, milked a goat and fed lots of farm animals!

We were very grateful that God blessed us with beautiful weather.
**Year 10 excursion to CERES**

The year 10’s visited the alternative energy section at CERES Community Park in Brunswick on Tuesday 20th May.

They are studying energy transformation in science and this excursion had plenty of hands on activities for the students to do. This included generating electricity by wind, water and solar but the boys had a go at generating electricity by riding bikes to power a microwave. It took 4 students and 2 teachers 5 minutes of hard riding to cook popcorn.

Photo: Year 10’s Jacob, Josh, Arthur and Nathan riding electricity generating bikes.

Photo: Ian from CERES demonstrating the amount of energy that each bike rider is producing.

Claire Hardi: “It made me realise how important it is to find alternative energy sources”.

Thanks to Mr. Waters and Mr. Phemister for coming along with us.

**INSTRUMENTAL MUSIC**

New Instrumental Music Teachers for 2014:

Jessica Eldridge – Singing and Flute
Xian Wang – Piano
Jeremy Varghese – Guitar

Flute now being taught again at NCC by Jessica Eldridge and places are still available.

Enrolments open for all instruments – Piano, Guitar, Bass Guitar, Singing, Flute and Drums.

Please see attached flyer and application form for further details or contact:

Mr. Ravida: gravida@ncc.vic.gov.au Mobile 0409 975 862

**Coughs, Colds and Asthma**

Coughs, colds and the flu are one of the most common triggers of asthma. The common cold is caused by an upper respiratory tract infection and is a common illness for children and adults in Australia. As we approach the colder months, here are some tips to keep in mind to prevent and reduce the spread of coughs, colds and the flu:

Avoid coughing and sneezing on or near others and wash your hands thoroughly to prevent the spread of disease.

If your child is not feeling well, it is recommended that they stay home and rest, to reduce the spread of infections and to speed up their recovery process.

Everyone should have the annual flu vaccination to ensure they are protected from this disease. You or your child may be eligible for the free flu vaccination. Details about who is eligible can be found on our website and can also be determined by your doctor.

Prior to purchasing any medications or herbal and natural remedies, you should seek the advice of your doctor or pharmacist as some medications can react with asthma medications. Such as Aspirin, Ibuprofen/Naproxen (non-steroidal anti-inflammatory medications), Beta Blocker tablets and eye drops (used for high blood pressure and glaucoma), and ACE inhibitors (used to control blood pressure).

Stay warm this winter!

**Aalsmeer Florist** has generously offered to donate a floral arrangement to the College once a month. It will be in the foyer. Next time you’re in reception, take the time to stop and smell the roses (or lillies or carnations). Aalsmeer has been the College “florist of choice” for many, many years. If you need to send flowers why not visit their website?

www.bundooraflorist.com.au

June 2014
NCC
Instrumental Music/Arts Program
Enrolment Form

Family name: ___________________________ Parent’s name(s): ___________________________
Mobile number: _______________________ Home number: ___________________________
Email address: ___________________________

The following instruments are offered:

Piano, Guitar, Bass Guitar, Singing, Drums, Flute.

Student’s Name(s): 1________________ Yr level___ Instrument_____________________

2________________ Yr level___ Instrument_____________________

3________________ Yr level___ Instrument_____________________

Continuing student ☐ New student ☐

Have own instrument ☐ Would like to buy/hire instrument - need advice ☐

Fees
$27.50 per half hour lesson for years 3-12

$18.50 per 20 minute lesson for years prep-2

Invoices are emailed at the beginning of each term and payable by week 3.

Please read the attached Student and Parent Guidelines & Expectations.

I have read and understood the Student and Parent Guidelines & Expectations,

Parent Signature: ___________________________ Date: ___________________________

Please Scan and email to Mr. G Ravida: gravida@ncc.vic.edu.au or return to office

Northside Christian College enrolment form 2014
Northside Christian College values music as a method of self expression as an opportunity to excel in the arts. We value music for its great potential to contribute to the academic and personal development of our students, and for the community building that can be achieved through making music. As a reflection of this held value, the College offers all students the opportunity to learn an instrument through the Instrumental Music Program.

"Music expresses that which cannot be said and on which it is impossible to be silent."  Victor Hugo

**ENROL NOW FOR SEMESTER 2**

- Individual lessons
- Builds confidence
- Enhances development
- Improves self-esteem
- Promotes participation
- Enables self-expression
- AMEB Piano Exams at school
- Performance workshops
- Performance opportunities

**Teaching Staff and instruments offered**

- Gaetano Ravida: Piano, Guitar, Bass Guitar
- Xian Wang: Piano
- Jeremy Varghese: Guitar
- Ryan Menezes: Drums
- Jessica Eldridge: Singing, Flute

**To enrol please:**

Complete attached form, scan and email to G. Ravida, or

Complete attached form and return to the Main Office.

Should you have any other questions in relation to the music program, please contact:

**Mr Gaetano Ravida**, Music Centre Manager  Phone 0409 975 862  email gravida@ncc.vic.edu.au